

AFTER SCHOOL BASKETBALL

WHITEHORSE FRIDAY TRAIN & PLAY TERM 1 2023



BASKETBALL

Where our future stars grow



TRAIN & PLAY

Playball will be running Train & Play in Term 1 prior to entering Regular Competition in Term 2.

The Format for Year 1 in Term 1

- A **Boys** competition and **Girls'** competition.
- 12 minutes of team training by Playball Coaches.
- Two x 12-minute halves of modified competition (7 to 9 players recommended per team)

Train & Play includes

- No scores recorded on the scoreboard and no scoresheet
- Low ring setting of 8.5 feet.
- Start Times at 4:00, 4:45, 5:30 start.
- Modified rules – easy on violations. Coach/ Referees explain all decisions to all players.
- Bring a ball – Playball will have some spares to borrow on the night if one forgets.



Place/ Times: Aqualink Box Hill, Sportlink & Local School Stadiums. Rotate b/w: 4:00, 4:45, 5:30PM.

Season: Term 1: Friday 3 February to 31 March 2023 (9 weeks).

Awards: End of Term 2 - Participation Ribbon. All Teams enter regular competition from Term 2 2023

Team Manager: Required by all teams. Note: Working with Children Checks are required by all Team Managers (and Coaches) who are 18 years or over. They are free to obtain [online](#).

Cost: Term 1: **\$900.00 per team**, 9 week Term. Byes refunded at **\$75.00**. No Door-Entry or Team-Sheet fees apply. Basketball Vic. Annual Player Registration & Insurance: **\$26.00** per player – paid by parent via Play-HQ.

Closing date for new teams: Wednesday 14 December 2022. Team Invoice to be paid by 24 February 2023.

Please check school diaries for school functions that may require your team to request a BYE.

Team Name: _____ **School:** _____ **Bye date & reason:** _____



Notes/Requests _____

COMPLETE & RETURN BY WEDNESDAY 14 DECEMBER 2022

COACH & MANAGER	ADDRESS	SUBURB	P.CODE	PHONE NO'S
Team Manager:				Mobile:
Email:				
W.W Children No.:				

PLAYERS NAME	GENDER M / F	YEAR AT SCHOOL 2023
1.		
2.		
3.		
4.		
5.		
6.		
7.		
8.		
9.		
10.		